



FOR IMMEDIATE RELEASE
April 6, 2009

Trading Symbol: HUD
NR2009-4

HUDSON ANNOUNCES STOCK OPTION GRANTS

Vancouver, BC - **HUDSON RESOURCES INC.** ("Hudson" – TSX Venture Exchange "HUD") has granted incentive stock options under the Company's stock option plan to directors, officers and consultants to purchase a total of 1,500,000 treasury shares at a price of \$0.10 per share. The options are exercisable for a period of five years, subject to the policies of the TSX Venture Exchange. Currently, Hudson has 41,091,266 shares, 2,760,000 warrants (exercisable at \$0.20 per share) and 4,095,000 options (weighted average exercise price of \$0.44 per share) outstanding.

ON BEHALF OF THE BOARD OF DIRECTORS

"James Tuer"

James Tuer, President

For further information:

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.